

Soccer Club



Master your ball skills & have fun!

Soccer/football is the most popular sport in the world, anyone at any age can play. It is one of the most enjoyable and healthy ways to learn about many important qualities: teamwork, leadership, achievement, cooperation, friendship and more.

Children joining Soccer club are taught the basics of soccer skills such as ball control, kicking, dribbling, spatial awareness etc. in a fun and interactive, age appropriate way. They will also have the chance to play in teams, try different positions and learn about match rules.

Your child will learn these core skills:

- ✓ increases muscle and bone strength
- ✓ lowers body fat and improves muscle tone
- ✓ builds strength, flexibility and endurance
- ✓ increase your confidence and self-esteem
- ✓ teaches coordination, promotes teamwork and sharing
- ✓ increase skills in concentration, persistence and self-discipline